

Seedning inför Vasaloppet 2019

| | km | Elit | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|--|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|----------|
| Vasaloppet 2018 | 90 | 4.51.22 | 5.19.25 | 5.38.47 | 6.07.40 | 6.38.53 | 7.11.25 | 7.41.33 | 8.27.51 | 9.24.29 | 10.15.45 |
| Bergebo Skimaraton Simon Andersson, Falun-B 2.03.59 | 42 | 2.12 | 2.22 | 2.32 | 2.42 | 2.52 | 3.02 | 3.12 | 3.27 | 3.42 | 3.57 |
| Billings l nglopp* Axel Bergsten, IFK Sk vde 1.55.08 | 42 | 1.58 | 2.08 | 2.18 | 2.28 | 2.38 | 2.48 | 2.58 | 3.13 | 3.28 | 3.43 |
| Bodenloppet* Jonny Nilimaa, Axa SC 2.01.00 | 40 | - | 2.12 | 2.22 | 2.32 | 2.42 | 2.52 | 3.02 | 3.17 | 3.32 | 3.47 |
| Bor s Ski Marathon* Marcus Johansson, 1.55.53 | 42 | 2.08 | 2.18 | 2.28 | 2.38 | 2.48 | 2.58 | 3.08 | 3.18 | 3.30 | 3.50 |
| Bravura Sthlm Skimaraton* Jonas B hlmark, Nacka-V 2.09.35 | 46 | 2.10 | 2.22 | 2.32 | 2.42 | 2.52 | 3.02 | 3.12 | 3.27 | 3.42 | 3.57 |
| Bruksvallarna Nordic Ski* Nils Persson,  stersund SK 1.38.16 | 42 | 1.43 | 1.51 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.55 | 3.10 | 3.25 |
| Camp Ripanloppet* Elias Andersson, Sunderby 2.02.07 | 40 | - | 2.08 | 2.13 | 2.23 | 2.33 | 2.43 | 2.53 | 3.08 | 3.23 | 3.38 |
| Craft Ski Marathon* Jens Eriksson, Dala-Floda 1.35.47 | 42 | 1.42 | 1.52 | 2.02 | 2.12 | 2.22 | 2.32 | 2.42 | 2.57 | 3.12 | 3.27 |
| Engelbrektsloppet Jimmie Johnsson, Rembo 2.51.42 | 60 | 3.00 | 3.10 | 3.20 | 3.30 | 3.40 | 3.66 | 4.10 | 4.30 | 4.50 | 5.10 |

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| Evertsbergsrännet* Adam Steen, Axa SC 2.17.13 | 45 | 2.19 | 2.29 | 2.39 | 2.49 | 2.59 | 3.09 | 3.19 | 3.34 | 3.49 | 4.04 |
| Fjällrävenloppet Jörgen Brink Delsbo IF 2.05.48 | 41 | 2.09 | 2.18 | 2.28 | 2.38 | 2.48 | 2.58 | 3.08 | 3.23 | 3.38 | 3.53 |
| Föllingeloppet* Mattias Bångman, Offerdal 2.13.46 | 44 | 2.17 | 2.27 | 2.37 | 2.47 | 2.57 | 3.07 | 3.17 | 3.32 | 3.47 | 4.02 |
| Harsa Ski Maraton* Mikael Sandgren, IFK Mora 2.03.59 | 43 | 2.08 | 2.18 | 2.28 | 2.38 | 2.48 | 2.58 | 3.08 | 3.23 | 3.48 | 4.03 |
| Hornbergsloppet Ronnie Löf, Högbo GIF 2.19.33 | 42 | - | 2.30 | 2.40 | 2.50 | 3.00 | 3.10 | 3.20 | 3.35 | 3.50 | 4.05 |
| ICA-loppet Matfors* Anders Svanebo, Stockvik 2.25.34 | 42 | - | 2.35 | 2.45 | 2.55 | 3.05 | 3.15 | 3.25 | 3.40 | 3.55 | 4.10 |
| Kronanloppet* Erik Silfver, IFK Umeå 1.52.52 | 40 | - | 1.58 | 2.08 | 2.18 | 2.28 | 2.38 | 2.48 | 3.03 | 3.18 | 3.33 |
| Landsbro Skimaraton* Joakim Lindberg, Grytgöl 1.43.43 | 40 | 1.50 | 1.55 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.55 | 3.10 | 3.25 |
| Lindmansloppet* Rasmus Klintberg NapWalle 2.20.06 | 44 | - | 2.30 | 2.40 | 2.50 | 3.00 | 3.10 | 3.20 | 3.35 | 3.50 | 4.05 |
| Lo-spåret* Axel Bergsten, IFK Skövde, 2.01.18 | 42 | 2.05 | 2.15 | 2.25 | 2.35 | 2.45 | 2.55 | 3.05 | 3.20 | 3.35 | 3.50 |
| Lövhultsloppet* Henrik Alm, Gnosjö FK 1.54.42 | 40 | 1.55 | 2.05 | 2.15 | 2.25 | 2.35 | 2.45 | 2.55 | 3.10 | 3.25 | 3.40 |
| Malmstråket Klas Nilsson, Skellefteå 2.01.06 | 42 | 2.04 | 2.14 | 2.24 | 2.34 | 2.44 | 2.54 | 3.04 | 3.19 | 3.34 | 3.49 |
| Mattila Ski Marathon* Anders Blom, Filipstads SF 2.12.08 | 42 | - | 2.20 | 2.32 | 2.42 | 2.52 | 3.02 | 3.12 | 3.27 | 3.42 | 3.57 |

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| Medelpad Classic Ski Jörgen Brink Delsbo IF 2.06.46 | 42 | 2.08 | 2.12 | 2.22 | 2.32 | 2.42 | 2.52 | 3.02 | 3.17 | 3.32 | 3.47 |
| Moraloppet* Jimmie Johnsson, Rembo IK, 1.48.46 | 44 | 1.53 | 2.03 | 2.13 | 2.23 | 2.33 | 2.43 | 2.53 | 3.08 | 3.23 | 3.38 |
| Norrbärke Skimaraton* Adam Steen, Axa SC 1.53.13 | 42 | 1.58 | 2.08 | 2.18 | 2.28 | 2.38 | 2.48 | 2.58 | 3.13 | 3.28 | 3.43 |
| Orsa Grönklitt Skimaraton* Oscar Persson SK Bore 1.46.33 | 42 | 1.50 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.50 | 3.05 | 3.20 | 3.35 |
| Roslagsloppet* Carl Troedsson, Sthlm RK 1.49.20 | 42 | - | 1.55 | 2.05 | 2.15 | 2.25 | 2.35 | 2.45 | 3.00 | 3.15 | 3.30 |
| Röbäck Skimaraton* Gustav Johansson, Gellivare 2.12.24 | 42 | - | 2.28 | 2.38 | 2.48 | 2.58 | 3.08 | 3.18 | 3.33 | 3.48 | 4.03 |
| Skistart Ski Ma Långberget* Jimmie Johnsson, Rembo IK 1.52.34 | 42 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.50 | 3.00 | 3.15 | 3.30 | 3.45 |
| Stora Vildmannaloppet* Daniel Holmgren, IFK Umeå, 1.56.21 | 40 | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2-50 | 3.00 | 3.15 | 3.30 | 3.45 |
| Storvretaklassikern* Björn Hänninen, Åmots SK 1.55.53 | 40 | - | 1.57 | 2.07 | 2.17 | 2.27 | 2.37 | 2.47 | 3.02 | 3.17 | 3.32 |
| Stråkenloppet Martin Gotting, Ulricehamn 1.50.22 | 42 | 1.55 | 2.05 | 2.15 | 2.25 | 2.35 | 2.45 | 2.55 | 3.10 | 3.25 | 3.40 |
| Team Sportialoppet Bollnäs Björn Hänninen, Åmots SK 1.53.15 | 40 | - | 2.00 | 2.10 | 2.20 | 2.30 | 2.40 | 2.50 | 3.05 | 3.20 | 3.35 |
| Ulricehamnsloppet* Markus Jönsson, TranemoIF 1.49.11 | 41 | 1.53 | 2.03 | 2.13 | 2.23 | 2.33 | 2.43 | 2.53 | 3.08 | 3.23 | 3.38 |
| Umeloppet* Björn Rydvall, Lycksele IF 2.15.51 | 40 | 2.16 | 2.28 | 2.40 | 2.52 | 3.04 | 3.19 | 3.34 | 3.49 | 4.09 | 4.29 |

