

# Seedning inför Vasaloppet 2019

	km	Elit	1	2	3	4	5	6	7	8	9
Vasaloppet 2018	90	4.51.22	5.19.25	5.38.47	6.07.40	6.38.53	7.11.25	7.41.33	8.27.51	9.24.29	10.15.45
<b>Budorrennet*</b> Simen Engebretsen, NOR 1.48.43	40	2.00	2.10	2.20	2.30	2.40	2.50	3.00	3.15	3.30	3.45
<b>Dolomitenlauf classic</b> Lorenzo Busin, ITA 2.08.30	42	2.20	2.30	2.40	2.50	3.00	3.10	3.20	3.35	3.50	4.02
<b>Dolomitenlauf skejt</b> Toni Livers, SUI 1.43.34	42	1.50	2.00	2.10	2.20	2.30	2.40	2.50	3.05	3.20	3.35
<b>Gausta Skimarathon</b> Roy-Arne Tollefsen, NOR 3.02.10	50	-	3.15	3.30	3.45	4.00	4.15	4.30	4.50	5.10	5.30
<b>Holmenkollmarsjen</b> Rune Malo Ödegård, NOR 2.36.58	52	2.48	2.58	3.08	3.18	3.28	3.38	3.50	4.05	4.20	4.35
<b>Jizerska</b> Andreas Nygaard, NOR 2.08.09	50	2.20	2.32	2.44	2.56	3.08	3.20	3.32	3.52	4.12	4.32
<b>Kaiser Maximilian Lauf</b> Petter Eliassen, NOR 1.45.04	40	2.10	2.20	2.30	2.40	2.50	3.00	3.10	3.25	3.40	3.55
<b>König Ludwig Lauf</b> Morten Eide Pedersen, NOR 2.28.18	50	2.35	2.50	3.05	3.20	3.35	3.50	4.10	4.30	4.50	5.10
<b>La Diagonela</b> Andreas Nygaard, NOR 2.54.50	65	3.20	3.50	4.10	4.30	4.50	5.10	5.30	6.00	6.30	7.00

<b>Marcialonga</b> Petter Eliassen, NOR 2.45.54	<b>70</b>	<b>3.10</b>	<b>3.30</b>	<b>3.50</b>	<b>4.10</b>	<b>4.30</b>	<b>4.55</b>	<b>5.20</b>	<b>5.50</b>	<b>6.20</b>	<b>6.50</b>
<b>Söre Ål-runden</b> Kjetil Andre Bjerkheim, NOR 1.56.03	<b>40</b>	<b>2.00</b>	<b>2.10</b>	<b>2.20</b>	<b>2.30</b>	<b>2.40</b>	<b>2.50</b>	<b>3.00</b>	<b>3.15</b>	<b>3.30</b>	<b>3.45</b>
<b>Thorleif Haugs Minneslöp</b> Sondre Turvoll-Fosslj, NOR 1-50-44	<b>42</b>	<b>1.58</b>	<b>2.08</b>	<b>2.18</b>	<b>2.28</b>	<b>2.38</b>	<b>2.48</b>	<b>2.58</b>	<b>3.13</b>	<b>3.28</b>	<b>3.43</b>
<b>Trysil-Knut Rennet*</b> Jörgen Myking, NOR 1.55.47	<b>40</b>	<b>1.55</b>	<b>2.05</b>	<b>2.15</b>	<b>2.25</b>	<b>2.35</b>	<b>2.45</b>	<b>2.55</b>	<b>3.10</b>	<b>3.25</b>	<b>3.40</b>
<b>Vasaloppet China</b> Qiang Wang, CHN 2.23.27	<b>50</b>	<b>-</b>	<b>2.35</b>	<b>2.50</b>	<b>3.05</b>	<b>3.20</b>	<b>3.35</b>	<b>3.50</b>	<b>4.10</b>	<b>4.30</b>	<b>4.50</b>

