

# Seedning inför Vasaloppet 2024

| Lopp                                                                                  | km        | Elit        | 1           | 2           | 3           | 4           | 5           | 6           | 7           | 8           | 9           |
|---------------------------------------------------------------------------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| <b>Boden Ski marathon,</b><br>Klas Nilsson, Skellefteå Xc club 1.54.32                | <b>42</b> | <b>1.58</b> | <b>2.10</b> | <b>2.20</b> | <b>2.30</b> | <b>2.40</b> | <b>2.55</b> | <b>3.10</b> | <b>3.30</b> | <b>3.50</b> | <b>4.15</b> |
| <b>Rymmarloppet</b><br>Klas Nilsson, Skellefteå XC Club 1.48.25                       | <b>40</b> | <b>1.51</b> | <b>2.02</b> | <b>2.12</b> | <b>2.22</b> | <b>2.32</b> | <b>2.47</b> | <b>3.02</b> | <b>3.22</b> | <b>3.42</b> | <b>4.07</b> |
| <b>Byggdiallog Ski Marathon</b><br>Adrian Lundberg,Lager157 Ski team,<br>1.42.06      | <b>42</b> | <b>1.45</b> | <b>1.55</b> | <b>2.05</b> | <b>2.15</b> | <b>2.25</b> | <b>2.40</b> | <b>2.55</b> | <b>3.15</b> | <b>3.35</b> | <b>4.15</b> |
| <b>Craft Ski Marathon</b><br>Andreas Svensson Ulricehamns IF,<br>1.50.39              | <b>42</b> | <b>1.55</b> | <b>2.05</b> | <b>2.15</b> | <b>2.27</b> | <b>2.39</b> | <b>2.54</b> | <b>3.14</b> | <b>3.44</b> | <b>4.15</b> | <b>4.56</b> |
| <b>Kronanloppet</b><br>Johan Lövgren, TTGU IF, 1.48.36                                | <b>40</b> | <b>1.52</b> | <b>2.03</b> | <b>2.13</b> | <b>2.23</b> | <b>2.34</b> | <b>2.49</b> | <b>3.04</b> | <b>3.24</b> | <b>3.44</b> | <b>4.18</b> |
| <b>Moraloppet</b><br>Bruno Dettman Lager157 ski team,<br>1.44.23                      | <b>42</b> | <b>1.50</b> | <b>2.01</b> | <b>2.11</b> | <b>2.21</b> | <b>2.31</b> | <b>2.51</b> | <b>3.11</b> | <b>3.31</b> | <b>4.01</b> | <b>5.10</b> |
| <b>Lospåret</b><br>Anton Persson, Falun-Brlge SK, 1.42.21                             | <b>40</b> | <b>1.45</b> | <b>1.55</b> | <b>2.05</b> | <b>2.15</b> | <b>2.25</b> | <b>2.40</b> | <b>3.00</b> | <b>3.20</b> | <b>4.00</b> | <b>5.00</b> |
| <b>Harsa Ski marathon</b><br>Jonatan Steen, Sågmyra SK, 2.04.47                       | <b>44</b> | <b>2.07</b> | <b>2.17</b> | <b>2.27</b> | <b>2.37</b> | <b>2.47</b> | <b>3.02</b> | <b>3.22</b> | <b>3.42</b> | <b>4.02</b> | <b>5.22</b> |
| <b>Stora Vildmannaloppet</b><br>Johan Lövgren, TTGU IF, 1.42.53                       | <b>40</b> | <b>1.49</b> | <b>1.59</b> | <b>2.09</b> | <b>2.19</b> | <b>2.29</b> | <b>2.44</b> | <b>2.59</b> | <b>3.19</b> | <b>3.39</b> | <b>4.04</b> |
| <b>OPG Ski marathon Östersund</b><br>Markus Hallén Johansson, Offerdals SK<br>1.54.18 | <b>42</b> | <b>1.57</b> | <b>2.07</b> | <b>2.17</b> | <b>2.27</b> | <b>2.37</b> | <b>2.52</b> | <b>3.07</b> | <b>3.27</b> | <b>4.00</b> | <b>4.56</b> |
| <b>ICA-loppet</b><br>Tobias Åhman, 1Life IF, 1.58.26                                  | <b>42</b> | <b>2.00</b> | <b>2.10</b> | <b>2.20</b> | <b>2.30</b> | <b>2.40</b> | <b>2.55</b> | <b>3.10</b> | <b>3.30</b> | <b>4.07</b> | <b>4.59</b> |

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|----------------------------------------------------------------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| <b>Norrbärke Skimataton</b><br>Simon Andersson, Falun-Brlge SK,<br>1.46.54 | <b>40</b> | <b>1.50</b> | <b>2.01</b> | <b>2.11</b> | <b>2.21</b> | <b>2.31</b> | <b>2.46</b> | <b>3.01</b> | <b>3.21</b> | <b>3.51</b> | <b>4.45</b> |
|----------------------------------------------------------------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|