

# Seedning inför Vasaloppet 2024

| Lopp                                                                        | km        | Elit        | 1           | 2           | 3           | 4           | 5           | 6           | 7           | 8           | 9           |
|-----------------------------------------------------------------------------|-----------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| <b>Budorennet</b><br>Andreas Nygaard, Burfjord IL 1.54.25                   | <b>41</b> | <b>2.05</b> | <b>2.17</b> | <b>2.27</b> | <b>2.37</b> | <b>2.47</b> | <b>3.02</b> | <b>3.17</b> | <b>3.37</b> | <b>4.07</b> | <b>4.30</b> |
| <b>3 Zinnen Ski-marathon</b><br>Andreas Nygaard, Team Ragde Charge, 2.24.13 | <b>62</b> | <b>2.44</b> | <b>3.04</b> | <b>3.24</b> | <b>3.44</b> | <b>4.04</b> | <b>4.24</b> | <b>4.44</b> | <b>5.04</b> | <b>5.45</b> | <b>6.57</b> |
| <b>La Diagonela</b><br>Kasper Stadaas, Team Ragde Charge, 2.18.57           | <b>55</b> | <b>2.41</b> | <b>3.01</b> | <b>3.21</b> | <b>3.41</b> | <b>4.01</b> | <b>4.21</b> | <b>4.46</b> | <b>5.12</b> | <b>5.42</b> | <b>7.40</b> |
| <b>Dolomitenlauf</b><br>Francesco Ferrari, 1.48.58                          | <b>42</b> | <b>1.59</b> | <b>2.10</b> | <b>2.20</b> | <b>2.30</b> | <b>2.40</b> | <b>2.50</b> | <b>3.05</b> | <b>3.25</b> | <b>4.00</b> | <b>5.25</b> |