

# Seedning inför Cykelvasan 90 2025

| Lopp                                                             | km | 1       | 2       | 3       | 4       | damer   | 8       | 12      | 16      | 20      | 24      | 28      |
|------------------------------------------------------------------|----|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|---------|
| Cykelvasan 90 2024                                               | 90 | 2.55.09 | 3.06.31 | 3.22.44 | 3.30.50 | 3.53.23 |         |         |         |         |         |         |
| Cykelvasan 90 2023                                               | 90 |         | 3.05.14 | 3.17.15 | 3.34.24 | 4.17.26 |         |         |         |         |         |         |
| Cykelvasan Öppet Spår 2024                                       | 90 | 2.55.09 | 3.06.31 | 3.22.44 | 3.30.50 | 3.53.23 |         |         |         |         |         |         |
| Cykelvasan 45 2024                                               | 45 | -       | -       | -       | -       |         | 1.40.00 | 1.48.00 | 2.00.00 | 2.15.00 | 2.30.00 | 2.45.00 |
| <b>Bockstensturen</b><br>Matthias Wengelin, 3.23.35              | 90 | 3.39.52 | 3.54.07 | 4.14.29 |         | 5.05.02 | 4.34.50 | 4.55.12 | 5.15.33 | 5.46.05 | 6.16.38 | 6.47.10 |
| <b>Stenbocksturen</b><br>Edvin Elofsson, 2.17.16                 | 66 | 2.28.15 | 2.37.51 | 2.51.35 |         | 3.27.21 | 3.05.19 | 3.19.02 | 3.32.46 | 3.53.21 | 4.13.57 | 4.34.32 |
| <b>Grenserittet</b><br>Ole Sigurd Rek Dahl, 2.33.08              | 80 | 2.45.23 | 2.56.06 | 3.11.25 |         | 3.52.41 | 3.26.44 | 3.42.03 | 3.57.21 | 4.20.20 | 4.43.18 | 5.06.16 |
| <b>Karlstad XC</b><br>Johan Lindblom, 1.54.28                    | 60 | 2.03.37 | 2.11.38 | 2.23.05 |         | 3.03.00 | 2.34.32 | 2.45.59 | 2.57.25 | 3.14.36 | 3.31.46 | 3.48.56 |
| <b>Birkebeinerittet</b><br>Ådne Holter, 2.32.35                  | 84 | 2.44.47 | 2.55.28 | 3.10.44 |         | 3.56.54 | 3.25.59 | 3.41.15 | 3.56.30 | 4.19.24 | 4.42.17 | 5.05.10 |
| <b>Kolmårdsbiken</b><br>Edvin Elofsson, 2.12.11                  | 60 | 2.22.45 | 2.32.01 | 2.45.14 |         | 3.25.21 | 2.58.27 | 3.11.40 | 3.24.53 | 3.44.43 | 4.04.32 | 4.24.22 |
| <b>Billingeracet</b><br>Mattias Wengelin, 2.48.34                | 72 | 3.02.03 | 3.13.51 | 3.30.43 |         | 4.08.29 | 3.47.34 | 4.04.25 | 4.21.17 | 4.46.34 | 5.11.51 | 5.37.08 |
| <b>Dalsland X-country</b><br>Östen Midtsundstad Brovold, 1.48.49 | 57 | 1.57.31 | 2.05.08 | 2.16.01 |         | 2.33.12 | 2.26.54 | 2.37.47 | 2.48.40 | 3.04.59 | 3.21.19 | 3.37.38 |
| <b>Lida Loop</b><br>Victor Lindqvist, 2.13.47                    | 65 | 2.24.29 | 2.33.51 | 2.47.14 |         | 3.21.10 | 3.00.36 | 3.13.49 | 3.27.22 | 3.47.26 | 4.07.30 | 4.27.34 |

|                                                           |           |                |                |                |  |                |                |                |                |                |                |                |
|-----------------------------------------------------------|-----------|----------------|----------------|----------------|--|----------------|----------------|----------------|----------------|----------------|----------------|----------------|
| <b>Västgötaloppet MTB</b>                                 | <b>70</b> | <b>2.44.03</b> | <b>2.54.41</b> | <b>3.09.53</b> |  | <b>3.51.16</b> | <b>3.25.04</b> | <b>3.40.15</b> | <b>3.55.27</b> | <b>4.18.14</b> | <b>4.41.01</b> | <b>5.03.48</b> |
| <b>Ottarsloppet</b><br>Marcus Wehlin, 1.45.00             | <b>52</b> | <b>1.53.24</b> | <b>2.00.45</b> | <b>2.11.15</b> |  | <b>2.32.34</b> | <b>2.21.45</b> | <b>2.32.15</b> | <b>2.42.45</b> | <b>2.58.30</b> | <b>3.14.15</b> | <b>3.30.30</b> |
| <b>Cykelrallarn</b><br>Hugo Forsell, 2.09.26              | <b>61</b> | <b>2.19.47</b> | <b>2.28.51</b> | <b>2.41.47</b> |  | <b>3.08.35</b> | <b>2.54.44</b> | <b>3.07.41</b> | <b>3.20.37</b> | <b>3.40.02</b> | <b>3.59.27</b> | <b>4.18.52</b> |
| <b>Orust MTB Giro</b><br>Michael Tjulander, 2.00.51       | <b>60</b> | <b>2.10.31</b> | <b>2.18.59</b> | <b>2.31.04</b> |  | <b>3.03.22</b> | <b>2.43.09</b> | <b>2.55.14</b> | <b>3.07.19</b> | <b>3.25.27</b> | <b>3.43.34</b> | <b>4.01.42</b> |
| <b>Kraftloppet</b><br>Emil Nyman, 2.14.10                 | <b>56</b> |                | <b>2.24.54</b> | <b>2.34.17</b> |  | <b>2.59.35</b> | <b>2.47.43</b> | <b>3.01.08</b> | <b>3.14.32</b> | <b>3.27.58</b> | <b>3.48.05</b> | <b>4.08.13</b> |
| <b>Trysil-Knut Rittet</b><br>Martin Roste Omdahl, 2.22.25 | <b>75</b> | <b>2.33.49</b> | <b>2.43.47</b> | <b>2.58.01</b> |  | <b>3.31.50</b> | <b>3.12.16</b> | <b>3.26.30</b> | <b>3.40.45</b> | <b>4.02.07</b> | <b>4.23.28</b> | <b>4.44.50</b> |
| <b>Ränneslättsturen</b><br>Matthias Wengelin, 2.30.34     | <b>70</b> | <b>2.42.37</b> | <b>2.53.09</b> | <b>3.08.13</b> |  | <b>3.46.01</b> | <b>3.23.16</b> | <b>3.38.19</b> | <b>3.53.23</b> | <b>4.15.58</b> | <b>4.38.33</b> | <b>5.01.08</b> |