

## ***Ingredients for the products***

### **Ski races**

**Drink and energy in various forms is served at all checkpoints. You will find specification on serving during each race on the detailed race map.**

([vasaloppet.se/en](https://vasaloppet.se/en) > Our races (choose race) > About the race > During the race)

### **Ekström's Blueberry Soup**

Sugar, potato starch, maltodextrin, blueberries, acid (citric acid), ascorbic acid (E300).  
Ready soup contains 3.5 % blueberries.

### **Enervit Sports Drink (orange)**

Sugar (43 %) (dextrose (28.4 %), fructose (17.3 %), maltodextrin (2.6 %)), acid (citric acid), disodium phosphate, orange flavouring, thickener (sodium carboxymethyl cellulose), magnesium citrate, potassium citrate, sodium citrate, sodium chloride, anti-caking agent (silicon dioxide), vitamin C (l-ascorbic acid), niacin (nicotinamide), pantothenic acid (calcium D-pantothenate), riboflavin, thiamine hydrochloride.

### **Knorr Vegetable Broth**

Salt, maltodextrin, starch, sugar, yeast extract, 8.6 % vegetables (onion, carrot, leek), aroma, carrot juice powder, palm fat, spices.

### **Vasaloppet Bun**

Wheat flour, water, rapeseed oil, sugar, yeast, salt, cardamom, dextrose, ascorbic acid.

### **Pancake**

Buttermilk, wheat flour, egg, rapeseed oil, salt with iodine, buttermilk powder.